

Just a few of the more than 2000:

Doctors who advocate Mangosteen



J. Frederic Templeman, M.D

J. Frederic Templeman, M.D., is a primary care physician, board certified in both the United States and Canada, with over twenty years of clinical experience. As Medical Director of Phytoceutical Research, Dr. Templeman is internationally sought after as a speaker and author on health, nutrition, and the healing properties of the Mangosteen fruit. Dr. Templeman and his wife Michelle are the parents of ten children; they currently reside in Utah.

"I still lose sleep thinking about what the Mangosteen means to the world of dietary supplements. As I travel around the country lecturing on the health benefits of the Mangosteen, I am inevitably asked to comment on the "science" behind the fruit. As a result, I carry with me a large binder that is almost four inches thick. It contains many of the journal articles and research papers from schools of pharmacy and medicine where scientists have put the Mangosteen's xanthones to the test under experimental conditions. **The impersonal facts of the studies are set out in cold scientific terms that describe cell cultures, spectrometric analysis, and observations in laboratory animals.**

The Mangosteen's benefits spans a wide range of effects: **anti-inflammatory** (stronger than indomethacin), **anti-microbial** (against viruses, bacteria and fungi), **anti-tumor** (tested successfully against six chemotherapy agents), **anti-aging, anti-fatigue, potent antioxidant effect, anti-atherosclerotic, antihistamine**, and the list goes on!

I am convinced that Mangosteen will, without a doubt, be the most successful food supplement ever. It will be bigger than Aloe Vera."

DR. J. Templeman



Amod Tootla, M.D., F.A.C.S., F.I.C.S.

Dr. Tootla is a world-renowned, board certified cancer surgeon and leading scientist. **Named one of the top surgeons in the United States** by the Consumer Research Council of America in Washington, DC for the last five years, he has also been named by **Cambridge University as one of the top 2000 scientist in the world** for the 21st Century. Dr. Tootla is **licensed to practice in 20 different countries** and has the distinction of having introduced robotic surgery in the United States. He is a pioneer of laparoscopic colon surgery and has published numerous papers in the most prestigious medical journals in the world, including the New England Journal of Medicine. Dr Tootla was the first surgeon to do surgery over the internet – from Michigan to Buenas Aires in Argentina – as reported on the front page of the Wall Street Journal. Recently he was the first surgeon to use radio frequency ablation for primary and metastatic liver cancer.

Dr. Tootla has used Mangosteen Juice with over 1800 of his patients.



Vaughn T. Johnson, D.O. is a board certified family medicine physician.

He has been **practicing for over 10 years**, and offers a wide range of medical services including pediatrics, obstetrics and sports medicine. In addition, Dr. Johnson serves as an **associate professor of family medicine** at several medical schools. Dr. Johnson explains how drinking a natural food supplement like Mangosteen juice each day may affect many modern, debilitating disorders like **autism, ADHD, depression, chronic fatigue syndrome, Acid Reflux, Allergies, Alzheimer's Disease, Aspartame detoxify, Asthma, Autism, Autoimmune Disorders, B-vitamins, & liquid b_ vitamins deficiency, insomnia, and senility**. Dr. Johnson currently resides in Utah with his wife Sherry and their four children.



Dr. Albert Miller M.D. received his medical degree from the University of Cincinnati College of Medicine. After completing a surgical internship at Huron Road Hospital in Cleveland, he returned to the University of Cincinnati where he completed his residency in Family Practice. Dr. Miller has maintained his **board certification in Family Practice since 1988.**

After completing his residency training in 1988, Dr. Miller started his practice in Family Medicine with Dr. Roy Miller in Millersburg, Ohio. A year later he moved his practice to Wooster, Ohio where he continues to practice today.

Dr. Miller has always had an interest in **Alternative and Complimentary Medicine** such as the Mangosteen and incorporated this with his traditional Family Practice. It was an article from the European medical literature in 1995 that first inspired Dr. Miller's interest in **Anti-Aging Medicine.**

It was then that he started incorporating some of the anti-aging modalities into his practice style. **Dr. Miller's first anti aging patient was his father-in-law.**

This began an educational process which included conferences, seminars, literature, text books, and clinical training, resulting in board certification in Anti-Aging Medicine in 2000. This educational process continues today and will continue for the rest of Dr. Miller's professional practice.



David A. Morton, Ph.D., is an **internationally recognized author and lecturer.** He is considered to be a foremost authority on *Garcinia mangostana*, the Mangosteen fruit, and its scientific research. He works closely with J. Frederic Templeman M.D., as **Research Director for Phytoceutical Research.** Dr. Morton currently resides in Utah with his wife Celine and their four children.



Dr. Sam J. Walters, a Lifetime of Dedication

Dr. Sam Walters brings over **30 years of comprehensive practice and experience in the medical profession**. He is an energetic, dedicated and acclaimed physician who has traveled the United States lecturing to groups of up to 7000 attendees on topics including preventive health care, nutrition and related medical issues and Mangosteen.

Unwavering Dedication with Mangosteen

Dr. Walters holds a Master of Science in Biology with an emphasis in Clinical Nutrition and a Bachelor's Degree in Bio-Nutrition in addition to his **Naturopathic Medical Degree**. Dr. Walters is also a **Diplomat of The American Council in Applied Clinical Nutrition**, a member of the American Association of Naturopathic Physicians and Certified in Hyperbaric Oxygen Therapy Medicine.

Dr. Walters has hosted his own weekly television program and national radio program. Furthermore he has made several guest appearances on radio and television shows across the country, including "Alive and Well with Eddie Albert." His publications include: Prostate Health, 1996; The Physicians Nutritional Guide, 1983; Nutritional Balance and Health Control, 1981.

Dr. Walters is a family practitioner trained as a specialist in natural medicine like the Mangosteen as well as traditional medicine. He treats diseases and restores health using the therapies from the sciences of clinical nutrition, herbal medicine, homeopathy, traditional medicine, exercise therapy, counseling, acupuncture, and spinal manipulation.

"As a doctor of naturopathic medicine, I have treated over 50,000 patients in my career and have assisted in the formulation of health and nutritional products for pharmaceutical companies and even NASA. I am always looking for new products offering something unique and effective that can benefit my patients without adverse side effects. Mangosteen is leading the way in this field!"



Dr. Kenneth Finsand

Being involved in **functional medicine for nearly 30 years** has helped Dr. Ken Finsand see things from a different perspective than most. He looks at the body as a system, one that must have overall health function correctly. In his book, *Mangosteen Through the Body*, Dr. Finsand explains in easy-to-understand language how drinking a natural food supplement like Mangosteen juice each day may affect many modern, debilitating disorders like autism, ADHD, depression, chronic fatigue syndrome, insomnia, and senility. **Unlike most prescription medication, Mangosteen goes to the root of the problem and boosts bio-chemical pathways of the body instead of merely covering up symptoms.**

Dr. Finsand believes Mangosteen is the most influential natural product he has seen during his entire career in holistic medicine. He says the bottom line is that none of the excitement surrounding Mangosteen would or could have happened if the product didn't work!

“This is probably the most famous use of all the qualities found in the Mangosteen: it is by far the most powerful anti-inflammatory I have ever seen in 30 years of practice. Research has proven this to be true, along with folk medicine history.”



Dr Robert C. Stone is **osteopathic physician and research psychiatrist**. I spent the last five years as one of the most requested speakers and trainers for pharmaceutical companies, including Pfizer, Astra-Zeneca, Bristol-Myers Squibb, Eli Lilly and others. I'm also a Fortune 500 leadership trainer and author of four books and over 8 hours of audio programs.

Never before have I endorsed a natural product. But after spending weeks pouring over the available research and reading the latest in nutritional studies, I found myself compelled.

“Not only did I realize that the Mangosteen is a powerful, natural source for healing, health and wellbeing, I realized I needed to be taking it!”



Les Berenson M.D., F.A.C.P.
PREVENTION AND WELLNESS PRACTICE
Certification from the American Society of Addiction Medicine
Diplomat of The American Board of Internal Medicine
Fellow of the American College of Physicians

“For the past **30 years**, my Internal Med. career has centered on Prevention and Wellness Medicine. I have studied nutrition and gained wellness skills throughout my entire career. I have taken great joy in empowering patients to create changes in their lives, to help others PREVENT cancer, heart disease and help many to be able to get off their medications as they got healthier.

When I first heard about Mangosteen juice, I was extremely skeptical -- but still open minded. Just how could **a fruit** create so many changes at the cellular level and with such significant impact? My skepticism and curiosity drove my exhaustive research. I discovered that the Mangosteen fruit has been used for hundreds of years in traditional medical folklore. Approximately a hundred years ago, researchers started to study the fruit and its rind to validate the folklore.

A new type of anti-oxidant was discovered, called “Xanthoness”. Of the 200 of these Xanthoness found in nature, over 40 are found in the Mangosteen fruit. Research has shown that **Gamma Mangosteen has anti-inflammatory properties and is a NATURAL Cox 2 inhibitor.** Garcinone E has anti-tumor properties, other Xanthoness affect Diabetes, Alzheimer’s, while other Xanthoness have the potential to fight infectious diseases. **I know chronic inflammation is a significant cause of many chronic diseases.** Feb. 2004 **Time Magazine** cover story, “**Inflammation: The Secret Killer**”, linked chronic inflammation to *Alzheimer’s, heart disease, cancer, diabetes, rheumatoid arthritis, lupus and other auto-immune disorders, multiple sclerosis, asthma, allergies and other diseases.* **These 40 different Xanthoness work in conjunction with one another to support the body’s inherent, natural healing capability.**

What I initially stumbled upon was a group of 300 testimonials. I was in amazement at what I was reading. I read testimonials of sudden healing with almost all parts of the body and every organ system. For over 2.5 years now, I have seen and been witness to HUGE numbers of people having amazing breakthroughs when traditional as well as non traditional approaches could not help. My own experience using Mangosteen juice is that I have more energy and focus to allow me to be more creative throughout the day and get more things done. We also know that ruptured plaques from Inflammation (not clogged arteries from cholesterol) are the cause of 70% heart attacks. **Vaughn Johnson D.O.** placed 47 patients with **elevated C-Reactive Proteins** (generalized index of inflammation) on 2 oz. 1X/day ORIGINAL Mangosteen juice. 1 month later 39 patients returned (8 didn’t) and **EACH patients elevated CRP decreased to normal.** 5 patients then switched to extract based products and their CRP’s returned to baseline. With 50% of your friends & family likely to die of heart attacks & strokes, consider this.

There are **NO SIDE EFFECTS, NO CONTRAINDICATIONS** (other than Polycythemia Vera), and **NO ADVERSE EFFECTS** with any other medications or supplements. Mangosteen juice represents what I have spent my last 25 yrs looking for. Shouldn’t you & everyone else be on Mangosteen juice?”